

**Building The Bridge To Success Together**



# All Saints' News

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I hope you're all keeping well and managing to get into some sort of routine during these unusual times. We saw a pleasing increase in the children's engagement with their home learning last week. Thank you to parents and carers for supporting this. We appreciate that it is quite a juggling act but are very glad that the children's learning is able to continue throughout this time. Throughout this week, children in Y2 upwards will receive a questionnaire on Google Classroom to give them [and yourselves] the opportunity to share your opinions on our home learning package. We will, as always, reflect on the feedback and try our very best to accommodate everyone's needs. If your child is struggling to access the learning, please contact their class teacher as soon as possible and they will be more than happy to help you. Have a good week and let's hope for some snow! Miss Jackson

## Remote Learning

Our remote learning offer contains regular Zoom sessions which gives children the opportunity to see their peers and discuss their learning together. **We ask that the children attend as many Zoom sessions as possible however encourage attendance at least once a week.**

The majority of teaching is then delivered using pre-recorded teaching videos. The videos are made by our staff in school and support the children in accessing their tasks. We have noticed that the Vidyards are not always being viewed by the children which can then lead to them not understanding the tasks. We are able to see how many views each video has had. An example last week was that one video received only 13 views despite being shared with 110 children. Please encourage your child to watch the teaching videos.



## Parents Evenings

We have made the decision to postpone our parents evenings until after half term. Dates for the parent meetings will be shared, once further information has been received regarding wider school opening.



## Celebration Worship

Please keep a look out on Tapestry [EYFS and Y1] and Google Classroom [Y2 upwards] on Friday as we will be launching our Celebration Worship. This will give an opportunity for staff to share and celebrate some of the amazing work which has been completed. Stars and leaves will be awarded.



## Critical Worker and Vulnerable School Provision

We had an increase in demand for places in school last week. Class numbers are set so that children can sit socially distanced and that staff can move around the classroom safely. With this restriction in place, most classes are now full to capacity everyday.

## Twitter

Please share your home learning photos on Twitter and tag [@allsaintsfed](#) as we love to see what the children are getting up to.



# Children's Mental Health Week

**1st - 7th February 2021**

From 1-7 February 2021 schools, youth groups, organisations and individuals across the UK will take part in Children's Mental Health Week. This year's theme is Express Yourself.

Expressing yourself is about finding ways to share feelings, thoughts, or ideas, through creativity. This could be through art, music, writing and poetry, dance and drama, photography and film, and doing activities that make you feel good.

For Children's Mental Health Week 2021 we will be encouraging children (and adults) to explore the different ways we can express ourselves, and the creative ways that we can share our feelings, our thoughts and our ideas.



Talking to your child about how they're feeling can be hard. By taking 20 minutes with them to do an activity you'll both enjoy, you'll create a relaxed space to start that conversation. Here are some ideas of #Take20 activities that you could do in 20 minutes.

## **One: Play a ball game**

Football, catch, basketball, dodgeball... there are endless ball games to choose from. You don't need a court to play - just a garden, or a green space and a ball.

Top tip: Ask your child to pick a game they'd like to play or ask them about their favourite sports team.

## **Two: Ready, set... bake**

Baking is a great way to have fun together and there are so many 20-minute bakes to choose from. Keep it simple with fairy cakes, scones, or traybakes

Top tip: Take time to sit back and enjoy your bakes together while they're still warm.

## **Three: Take a walk**

Sometimes taking 20 minutes is as simple as taking a walk, whether it's through nearby countryside, to the shops or around the block with the family dog.

Top tip: Leave some silent moments and create a space for your child to talk to about anything that's on their mind.

## **Four: The 'five things' game**

An easy one for you if you're on the move, challenge one another to name five things you can see, four things you can touch, three things you can hear, two things you can smell and one thing you can taste.

Top tip: You can play this game anywhere, from whilst taking your daily exercise to shopping in the supermarket.

## **Five: Put on your dancing shoes**

If your child loves to dance, let their feet do the talking. Ask them to pick out their favourite song and dance like you mean it!

Top tip: Teach one another some dance moves, and then see if you can come up with some dance moves of your own together.

## **Six: Go for a drive**

Car journeys are a great opportunity for 20 minutes with your child. Encourage them to leave their phone for a while, turn down the radio and strike up a conversation.

## **Seven: Explore together**

When was the last time you explored somewhere new together? Stick a pin on a map somewhere nearby that neither of you have been to and try your best to get there!

Top tip: The best explorers use their senses, so switch off your phones, avoid distractions and use teamwork.

## **Eight: Flex those green fingers**

Sow some seeds and watch them grow together! Begin with seedlings on the windowsill and watch them propagate before moving them into window pots or even the garden.

Top tip: There's lots of opportunities to #Take20 with this one. If you're not green fingered, begin with something easy like sunflowers or sweet peas.

## **Nine: Yoga time**

Designed around controlled movement and breathing techniques, yoga is an easy one to do together at home. Grab a bit of floor space and give it a go!

Top tip: New to yoga? A quick search on YouTube will bring up lots of beginners' videos you can try from the comfort of your own home.

## **Ten: Twenty-minute crafts**

There are so many crafts you can do in 20 minutes. You could paint a plant pot, make a friendship bracelet, try origami, create a photo collage or make a musical shaker.

Top tip: Pinterest is full of inspiration. Create a board together so you can always find something you want to make.

## **Eleven: Design your own cards**

All you need for this is some cards and pens, and you can draw your own Birthday, Thank You or Get Well Soon cards.

Top tip: You could use this as an opportunity to write a card to each other, and use what your child writes as a way to start the conversation.

## **Twelve: Share your music**

For some people music is how they connect with the world. If this is true for your child, try sharing some music together by creating a playlist. You may surprise each other with your choices and even introduce each other to something new.

Top tip: You could try creating a playlist for a specific occasion, such as getting ready in the morning, or for when you're in the car.

## **Thirteen: Cook together**

Ask your child if there's something they want to learn how to cook and make it with them.

Top tip: If cooking a meal together might be a bit too tricky, decorating pizzas with your own toppings could be an easier alternative.

## **Fourteen: Sing it**

From car singing to serenading the family in the kitchen, turn up your favourite ballads and sing along.

Top tip: Want to make it into a game? Challenge them to sing in the style of their favourite film or TV character.

## **Fifteen: Indoor picnic**

20 minutes isn't quite enough time to head out to the beach with a picnic blanket, but it's perfect for having one indoors. Lay out a blanket, pick out your family's favourite finger food and have a picnic in the comfort of home.

Top tip: Indoors picnics have one simple rule - you can only eat when you're sitting on the picnic blanket.

## **Sixteen: Tech-free games**

Take a screen break with tech-free games like 20 questions, cat's cradle, marbles, jacks, the floor is lava, skipping and more. There are so many traditional 20 minute games to choose from.

Top tip: Make it your own by adding new family rules to give your childhood games a modern twist!

## **Seventeen: Create a boredom jar**

Using an empty jar and pack of lolly sticks (pieces of paper also work well), write on each stick an activity you and your child can do when they're bored. Activities could include watching their favourite film, baking, crafting or spending time with you.

Top tip: This is a great opportunity to think of activities for more #Take20 moments!

## **Eighteen: Draw cartoons of each other**

Sometimes, all you need is pen and paper. Create cartoon drawings of one another, and other family members, cats, dogs, fish – have fun!

Top tip: Try drawing with your eyes closed or not taking your pen off the paper to add an extra challenge.

## **Nineteen: Build a fort**

Use blankets, bedsheets, cushions, chairs and fairy lights to create your own cosy little fort. Be warned: it will take several attempts to keep it all up, but so worth it once you're inside!

Top tip: A mug of hot chocolate is a great fort accompaniment.

## **Twenty: Learn a magic trick**

Hocus Pocus! Look online to find a range of simple magic tricks. Discuss with your child the need to rehearse and perfect their new skill.

Top tip: A magic show can provide great entertainment for the family.